



## Shelters

**C. Carter Crane-Men/Women/Children**  
1203 SW Texas Ave. Phone: 580.248.0936

**Comanche Nation Women's Shelter – Women/Children**  
580.492.3590

**Family Promise of Lawton-Family/Expectant Moms**  
901 SW 17<sup>th</sup> St. Phone: 580.353.7522

**Marie Detty-Older Youth**  
2501 SW E Ave. Phone: 580.248.6450

**New Directions-Domestic Violence Shelter**  
580.357.6141

**The Salvation Army-Extreme Weather/Anyone**  
1306 E Ave. Phone: 580.355.1802 6pm-8am. Picture ID Required.

**The Next Step TLP Inc. 18-21Year Old Females ONLY**  
2305 SW H Ave. Suite #5 Phone: 580.917.0266

## Support Groups

**Alcoholics Anonymous Unity Group**  
2204 W Gore Blvd. Phone: 580.591.2604

**Caregiver Help Desk**  
Phone: 1.855.227.3640

**Comanche Indian Tribe Substance Abuse**  
807 SW F Ave. Phone: 580.357.3449

**Mental Health and Substance Abuse Support Group**  
Phone: 580.248.5780

**Depression/Bipolar Support Group**  
110 SW 4<sup>th</sup> St. Phone: 580.483.4942 – Meets Mondays at 6:30pm  
in the Lawton Public Library Room #2

**Gamblers Anonymous**  
2621 SW C Ave. Phone: 580.357.6889 Meets Mon, Fri 12pm at  
Cameron Baptist Church 3401 W Gore Blvd.

**Grandparents and Other Relatives Raising Children**  
417 NW 69<sup>th</sup> St. Phone: 580.536.3338

**Grief: Compassionate Friends**  
1402 NW Arlington Ave. Phone: 580.291.7425  
Meets at 6:30pm the 1st Thursday of the Month

**GriefShare**  
2621 SW C Ave. Phone: 580.355.4854  
Meets at Cameron Baptist Church on Sundays. Please call for  
time.

**Heartbeat Grief Support Group**  
Meets at CCMH. 3401 W Gore Blvd. in the Oakwood Room 4  
Phone: 580.536.7078

**Lupus Support Group Lawton**  
Meets at Storage-R-U's last Tuesday of each month @ 7:00pm  
900 NW Rogers Lane Email: [bmo110315@yahoo.com](mailto:bmo110315@yahoo.com)

**NAMI- Mental Health Support Group**  
Meets at CCMH. 3401 W Gore Blvd. Phone: 580.583.8126

**Narcotics Anonymous Support Group**  
Meets at Comanche County Memorial Hospital

**OK2BU – LGBTQ Community**  
1529 W Gore Blvd. Suite C2 Phone: 580.238.1291

**Parenting Resource – Children First**  
Meets at the Comanche County Health Dept.  
1010 Sheridan Rd. Phone: 580.248.5890

**Suicide Prevention Hotline**  
1.800.273.8255

**Weight Management Take Off Pounds Sensibly, No. 327**  
Meets at Holy Family Catholic Church

1010 NW 82<sup>nd</sup> St. Phone: 580-536-7104

## Tax Assistance

**Goodwill VITA Program**  
1203 SW Lee Blvd OR 616 NW Sheridan Rd.  
Phone: 580.355.2163 or toll free at 866.581.7905

**Great Plains Improvement Foundation**  
2 SE Great Plains Blvd. Suite #200 Phone: 580.353.2364  
**Legal Aid Services of Lawton**  
323 SW C Ave. Phone: 580.248.4675

## Transportation

**Comanche Nation Transit (Open to Public)**  
584 NW Bingo Rd. Phone: 580.492.3389

**DAV – Disabled American Veterans**  
4704 NW Motif Manor Blvd. #5 Phone: 580.248.8387

**LATS – Lawton Area Transit System**  
611 SW Bishop Rd. Phone: 580.248.5252

**Red River Transportation-Medicare Patients**  
105 S Main St. Fredrick, OK Phone: 580.335.5588  
202 S Commercial Ave. Temple, OK Phone: 580.342.6967

**SoonerRide-Medicare/Medicaid**  
To/From Doctor Appointments. Phone: 1.877.404.4500

## Utility & Rental Assistance

**Catholic Charities (2<sup>nd</sup> & 3<sup>rd</sup> Monday's)**  
106 SW A Ave. Phone: 580.353.1811

**Holy Family St. Vincent DePaul Society**  
1010 NW 82<sup>nd</sup> St. Phone: 580-536-8729 or  
12 SW 7<sup>th</sup> St. Phone: 580.355.7837

**Lawton Housing Authority**  
609 SW F Ave. Phone: 580.353.7392

**Lawton Support Services**  
609 SW F Ave. Help Line Contact: 580.595.0063

**Lifeline Program-Phone & Internet Service Fidelity**  
811 SW D Ave. Phone: 580.699.2020 ask about lifeline services or  
download application at [www.fidelitycommunications.com/lifeline](http://www.fidelitycommunications.com/lifeline)

**LIHEAP Program (Electrical)**  
DHS Office at 2609 SW Lee Blvd. Phone: 580.250.3600

**Marie Detty New Directions**  
580-250-1794

**The Salvation Army**  
1306 SW E Ave. Phone: 580.355.1802

## Veterinarian/Animal Services

**Animal Birth Control Clinic – Affordable & Reduced Prices**  
85 NE 20<sup>th</sup> St. Phone: 580.355.6985

## Youth

**Boys & Girls Club-Salvation Army**  
1315 SW F Ave. Phone: 580.357.7541

**Boy Scouts of America, Last Frontier Council**  
620 NW Cache Rd. Phone: 405.858.4601

**CASA of Southwest Oklahoma, Inc.**  
1001 SW B Ave. Ste. 190 Phone: 580.248.2272

**Girl Scouts of Western Oklahoma**  
580.357.7737

**Lawton Family YMCA**  
5 SW 5<sup>th</sup> St. Phone: 580.355.9622

**Lawton Public School Enrollment Center**  
102 E Gore Blvd. Phone: 580.353.0171

**Marie Detty Youth & Family Services**  
317 SW C Ave. Phone: 580.248.6450

**McKinney Vento (Homeless Youth)**  
753 NW Fort Sill Blvd. 580.357.6900 EXT. 2311

**MIGHT Community Development & Resource Center**  
714 SW 45<sup>th</sup> St. 580.595.4808

**Teen Court**  
1001 SW B Ave., Ste. 120, Phone: 580.250.1466

## United Way Funded Partners

**Armed Services YMCA Oklahoma**  
580.350.6849

**Boy Scouts of America, Last Frontier Council**  
580.357.3633

**C. Carter Crane Shelter for the Homeless**  
580.248.0936

**CASA of Southwest Oklahoma**  
580.248.2272

**Catholic Charities**  
580.353.1811

**Center for Creative Living**  
580.248.0471

**Christian Family Counseling**  
580.531.4512

**Family Promise of Lawton**  
580.353.7522

**Girl Scouts of Western Oklahoma**  
580.357.7737

**Hearts that Care Volunteer Health Clinic**  
580.354.9007

**Lawton Food Bank**  
580.353.7994

**Lawton Family YMCA**  
580.355.9622

**Legal Aid Services of Oklahoma**  
580.248.4675

**Marie Detty Youth and Family Services**  
580.248.6450

**MIGHT Community Development & Resource Center**  
580.595.4808

**Oklahoma Parkinson Alliance**  
580.699.2204

**Salvation Army Corps Community Center**  
580.355.1802

**Success by Six**  
580.355.0218

**Teen Court**  
580.250.1466

**Variety Care**  
866.388.6688

**OK 211 – 1-877-362-1606**

**1-405-840-9396**



**CALL OR TEXT 988**

**MENTAL HEALTH LIFELINE**



**United Way  
of Southwest Oklahoma**

# **Resource and Referral Guide 2023**

**United Way of  
Southwest Oklahoma**

1116 SW A Ave.

Lawton, OK 73501

Phone: 580.355.0218

Website: [uwswok.org](http://uwswok.org)

# **LIVE UNITED**

**To access our CRD online**

**Please scan the QR code on the back**