

Clothing Assistance

Calvary Baptist Church

715 SW H Ave. Phone: 580.353.2006

Goodwill Industries of Southwest OK

1203 SW Lee Blvd. Phone: 580.355.2163

616 NW Sheridan Rd. Phone: 580.699.3292

Hands to Care

211 NW 25th St. Phone: 580.6993170

Lawton Food Bank

1819 SW Sheridan Rd. Phone: 580.353.7994

Salt of the Earth Ministries

2209 NW 25th St. Phone: 580.248.3170

Salvation Army Thrift Shop

102 SW 11th St. Phone: 580.355.0399

Suits for Success

210 SW Texas Ave. Phone: 405.820.0096 or 580.248.8811

Super Thrift

602 SW Sheridan Rd. Phone: 580.353.1433

1324 NW 53rd St. Phone: 580.699.2288

Counseling/Rehabilitation Services

Cameron Psychology Clinic

275 SW 27th St. Phone: 580.581.3153

Catalyst Behavioral Services

1114 SW A Ave. Phone: 580.357.8114

Catholic Charities

106 SW A Ave. Phone: 580.353.1811

Christian Family Counseling Center

5002 SW Lee Blvd. Phone: 580.531.4512

Marie Dettv Youth & Family Services

2501 SW E Ave. Phone: 580.248.6450

New Vision Withdrawal Management (CCMH)

3401 W. Gore Blvd. Phone: 580.910.5525

Oklahoma Department of Rehabilitation Services

1802 NW Ferris Ave. Phone: 580.585.4200

Open Arms Behavioral Health Counseling Center

6221 W Gore Blvd. Phone: 580.351.9998

Pregnancy Resource Center – Pregnancy Counseling

319 SW C Ave. Phone: 580.536.4040

Substance Abuse Comanche Nation Prevention & Recovery

Center-Drug & Alcohol Addiction

Office: 8501 NW Madische Dr. Phone: 580.492.3614

Outpatient Center: 8 SW D Ave. Suite D Phone: 580.357.3449

Valley Hope

Phone: 800.544.5101 – 24/7 TeleCare, virtual addiction treatment

100 S Jones Ave. Cushing, OK

Phone: 918.225.1736 – residential detox services

10707 Broadway Ext. OKC, OK

Phone: 405.946.7337 – outpatient services

Volunteers of America, Oklahoma (VOAOK)

Phone: 580.730.8031

Emergency Assistance

American Red Cross of Central and SW Oklahoma

601 NE 6th St. OKC, OK 73104 Phone: 405.228.9500

American Red Cross-Military Families

4301 Wilson St. RACH Phone: 580.350.3663

Lawton Fire Department

623 SW D Ave. Phone: 580.581.3280 or 911

Lawton Police Department

10 South 4th St. NON-Emergency Phone: 580.581.3270

Employment & Education

Adult Literacy Roundtable-Lawton Public Library

110 SW 4th St. Phone: 580.581.3450 ext. 6

Express Employment

1920 NW Cache Rd. Phone: 580.355.6002

Futurise.pro

1601 SW Park Ridge Blvd, Ste 203 Phone: 580.245.6321

GED Classes-Goodwill Career Development Center

1901 W Gore Blvd. Suite C Phone: 580.357.3465

Goodwill Industries Employment Program

1210 Summit Ave. Phone: 580.355.2163

Great Plains Technology Center – Adult Education & Family

Literacy

4500 SW Lee Blvd Building 200 rm. 215B Phone: 580.250.5639

Numunu Staffing

1003 SW C Ave, Ste B Phone: 580.280.2268

Onin Staffing

2202 NW Ferris Ave. Ste 100 Phone: 580.215.4784

Workforce of Oklahoma

1711 SW 11th St. Phone: 580.357.3500

Food Assistance

Centenary United Methodist Church – Sack Lunches

704 SW D Ave. Phone: 580.355.5660 - 4th Sat. of each month

Center for Creative Living

3501 SW Dr. Elsie Hamm Dr. Phone: 580.248.0471 - Every

Wednesday and Friday from 11-12pm

Central Baptist Church of Lawton

901 SW B Ave. Phone: 580.353.6750 – free lunch from 11am-12pm

on the 3rd Sat. of each month

Food 4 Kids Program Lawton Public Schools

Contact LPS Nutrition Office at 580.355.1140

House of Bread Ministries

1415 SW Wisconsin Ave. Phone: 580.248.8519

Hungry Hearts Feeding Ministry

701 SW D Ave. Phone: 580.704.9224

Lawton Food Bank

1819 SW Sheridan Rd. Phone: 580.353.7994

Lawton Mobile Meals

2800 W Gore Blvd. Phone: 580.357.5396

Lovesick Ministries

1107 SW Summit Ave. Phone: 580.574.4974

Salt of The Earth Ministries

2209 NW 25th St. Phone: 580.248.3170 – 3rd Saturday of the month from 10am-12pm.

SNAP Program/Food Stamps-DHS

10 SW 2nd St. Phone: 580.250.3600 M-F 7:30-5:00pm

St. Johns Baptist-Feeding Ministry

504 SW NH Jones Ave. Phone: 580.357.3542 - 6 Days a week

11:30-12:30

The Salvation Army Food Pantry

1306 E. Ave. Phone: 580.355.1802

WIC

1010 SW Sheridan Rd. Phone: 580.585.6625

Health Services

Advantage Program

Home medical assistance for those with disabilities

Phone: 800.435.4711

Children Birth to 3 Sooner Start Early Intervention-Disability

1010 S Sheridan Rd. Phone: 580.585.6610

Comanche County Health Dept.

1010 S Sheridan Rd. Phone: 580.248.5890

Comanche County Home Health

3126 NW Arlington Ave. Phone: 580.585.5575

Department of Human Services-Children & Low Income

10 SW 2nd St. Phone: 580.250.3600

Hearts That Care Volunteer Health Clinic

1313 W Gore Blvd. Phone: 580.354.9007

Lawton Community Health Center

3811 W Gore Blvd. Bldg. 6 Phone: 580.355.5242

Lawton Council of the Blind-Glasses

1302 SW A Ave. Phone: 580.695.1936 or 580.536.1650

Lawton Noon Lions Club

Contact Jerry Burrow at 580.248.1794 or Joanna Robinson at 580.355.1802 about free eyeglasses.

LowerMyRx

1.877.202.1910

MEDICAID-FIND A PRIMARY CARE PHYSICIAN

Visit the Comanche County Health Department for a list or

<https://apps.okhca.org:456/OHCAProviderDirectory>

OSU Extension Services

611 SW C Ave. Phone: 580.355.1176

Oklahoma Parkinson Alliance

1006 NW 47th, Ste. A Phone: 580.699.2204

Pregnancy Services (Birthright of Lawton)

5108 W Gore Blvd. Suite 7 Phone: 580.248.3110

RAIN – HIV/AIDS Patient Services

1103 SW C Ave. Phone: 580.353.7900

Rx for Oklahoma

2 SE Lee Blvd. Suite #200 Phone: 580.353.5616

Southwestern Home Health

1908 East Gore Blvd. Suite A Phone: 580.248.7060

Variety Care-Big Pasture

201 1st St, Grandfield, OK Phone: 866.388.6688

Housing Assistance

Benjamin O. Davis High-Rise

620 SW E Ave. Phone: 580.581.3490

Columbia Square Apartments

305 NW 4th St. Phone: 580.248.2550

Comanche Nation Housing Authority

1918 E Gore Blvd. Phone: 580.357.4956

Comanche Nation New Pathways Halfway House for

recovering addicts with Indian Card

Laurie Tatum Rd. Phone: 580.248.3654

Embrace Hope

Address: 1001 SW B Ave Phone: 580.512.0591

Golden Age Apartments Low Income Housing Elderly/Disabled

701 E County Line Rd, Hollis, OK 73550 Phone: 580.688.9444

Goodwill Village Apartments – Low-Income Housing for

Elderly/Disabled

1505 SW 11th St. Phone: 580.353.0912

Helen Holliday Home Halfway House for Women

411 W. Gore Blvd. Phone: 580.357.8166

Lawton Housing Authority

609 SW F Ave. Phone: 580.353.7392

Lawton Housing Authority Family Division

1327 SW Wisconsin Ave. Phone: 580.353.1894

Lawton Support Services

609 SW F Ave. Phone: 580.595.0063

Lawton Pointe Apartments- Income Based

2237 NW Hoover Ave. Phone: 580.357.4040

The Next Step TLP. Housing for Young Adults 18-21

2305 SW H Ave. Suite #5 Phone: 580.917.0266

Weatherization Great Plains Improvement Foundation

2 SE Lee Blvd. Suite #200 Phone: 580.353.2364

Legal Services

Catholic Charities

Immigration lawyer twice a month

106 SW A Ave. Phone: 580.353.1811

Legal Aid Services-Agricultural Worker Program

Phone: 405.549.4686 Migrant **Hotline:** 866.439.0916

Early Settlement Mediation of Southwest Oklahoma

2800 W Gore Blvd. Phone: 580.581.5420

Legal Aid Services of Oklahoma

323 SW C Ave. Phone: 580.248.4675

Legal Aid Services of Oklahoma Seniors Hotline

Phone: 855.488.6814 Mon-Thurs, 8:30am to 4pm

Teen Court-First Time, Juvenile and Misdemeanors

814 SW C Ave. Phone: 580.250.1466

Military & Veteran Services

Armed Services YMCA Oklahoma

860 NW Cache Rd. Phone: 580.350.6849

Cohen Veterans Network – Mental Health Care for Veterans,

Active Duty, and Family Members

4202 SW Lee Blvd. Phone: 580.771.2662

DAV-Disabled American Veterans Service Center

4704 NW Motif Manor Blvd. #5 Phone: 580.248.8387

Fort Sill-Morale, Welfare & Recreation (MWR)

3334 Sheridan Rd. Fort Sill, OK Phone: 580.442.0930

Grandeur of Grace

Phone: 580.713.6355

Veterans Center

501 SE Flower Mound Rd. Phone: 580.351.6511

Veterans Resource Center

402 SW B Ave. Lawton, OK Phone: 580.699.8016

Parent Support Services

Breastfeeding 24-Hour Helpline

1.877.452.5324

DHS-Child Care Subsidy Program

10 SW 2nd St. Phone: 580.250.3600

Marie Dettv – Children’s Emergency resource Center

2501 SW E Ave. Phone: 580.248.6450

Marie Dettv – Parents As Teachers

317 SW C Ave. Phone: 580.248.6450

Earn While You Learn Program (Pregnancy Resource Center)

319 SW C Ave. Phone: 580.536.4040 – Provides baby food/formula

and maternity/baby items. Open Monday, Tuesday, and Thursday

9-5pm. Wednesday 9-1pm.

SafeCare: A Program of NorthCare

Phone: 405.8582725 Based in Lawton, SafeCare is a free, evidence-based, in-home parenting program designed to support families with young children (ages 0-5).

Senior Citizen Assistance

Angels Care Home Health

4645 W Gore Blvd. Suite C Phone: 580.248.0186

Shelter Services

C. Carter Crane-Men/Women/Children

1203 SW Texas Ave. Phone: 580.248.0936

Comanche Nation Women's Shelter – Women/Children

580.492.3590

Family Promise of Lawton-Family/Expectant Moms

901 SW 17th St. Phone: 580.353.7522

New Directions-Domestic Violence Shelter

580.357.2500

The Salvation Army-Extreme Weather/Anyone

1306 SW E Ave. Phone: 580.355.1802 6pm-8am. Picture ID Required.

The Next Step TLP Inc. 18-21Year Old Females ONLY

2305 SW H Ave. Suite #5 Phone: 580.917.0266

Support Groups

Alcoholics Anonymous Unity Group

2204 W Gore Blvd. Phone: 580.591.2604

Caregiver Help Desk

Phone: 1.855.227.3640

Comanche Indian Tribe Substance Abuse

807 SW F Ave. Phone: 580.357.3449

Mental Health and Substance Abuse Support Group

Phone: 580.248.5780

Depression/Bipolar Support Group

110 SW 4th St. Phone: 580.483.4942 – Meets Mondays at 6:30pm in the Lawton Public Library Room #2

Gamblers Anonymous

Phone: 580.357.6889 Meets Mon, Fri 12pm at Cameron Baptist Church 3401 W Gore Blvd.

Grief: Compassionate Friends

1402 NW Arlington Ave. Phone: 580.291.7425

Meets at 6:30pm the 1st Thursday of the Month

Grief Share

2621 SW C Ave. Phone: 580.355.4854

Meets at Cameron Baptist Church on Sundays

Heartbeat Grief Support Group

Meets at CCMH. 3401 W Gore Blvd. in the Oakwood Room 4

Phone: 580.536.7078

Lupus Support Group Lawton

Meets at Storage-R-U's last Tuesday of each month @ 7:00pm

900 NW Rogers Lane Email: bmo110315@yahoo.com

NAMI- Mental Health Support Group

Meets at CCMH. 3401 W Gore Blvd. Phone: 580.583.8126

Narcotics Anonymous Different Way Group

532 SW 11th St.

OK2BU-LGBTQ Community

1529 W Gore Blvd. Suite C2 Phone: 580.238.1291

Suicide Prevention Hotline

1.800.273.8255

Tax Assistance

Goodwill VITA Program

1203 SW Lee Blvd OR 616 NW Sheridan Rd.

Phone: 580.355.2163 or toll free at 866.581.7905

Legal Aid Services of Lawton

323 SW C Ave. Phone: 580.248.4675

Transportation Services

A Servant's Heart Non-Emergency Medical Transportation

580.647.9361

Comanche Nation Transit (Open to Public)

584 NW Bingo Rd. Phone: 580.492.3389

DAV – Disabled American Veterans

4704 NW Motif Manor Blvd. #5 Phone: 580.248.8387

Heavenly Chariot

214 NW 2nd St. Phone: 501.786.7179

LATS – Lawton Area Transit System

611 SW Bishop Rd. Phone: 580.248.5252

Oklahoma Mobility Management

okmm.multiscreensite.com Phone: 580.450.1930

Red River Transportation-Medicare Patients

105 S Main St. Fredrick, OK Phone: 580.335.5588

202 S Commercial Ave. Temple, OK Phone: 580.342.6967

SoonerRide-Medicare/Medicaid

To/From Doctor Appointments. Phone: 1.877.404.4500

Utility & Rental Assistance

Blessed Sacrament

12 SW 7th St. Phone: 580.355.7837

Catholic Charities (2nd & 3rd Monday's)

106 SW A Ave. Phone: 580.353.1811 submit application via online portal at www.catholiccharitiesok.org/lawton

Holy Family St. Vincent DePaul Society

1010 NW 82nd St. Phone: 580.536.8729, MWF 7am-10am

Lifeline Program-Phone & Internet Service Sparklight

811 SW D Ave. Phone: 580.699.2020 ask about lifeline services or

download application at www.sparklight.com/lifeline

LIHEAP Program (Electrical)

DHS Office at 10 SW 2nd St. Phone: 580.250.3600

Marie Detty – New Directions

580.250.1794

MIGHT Community Development & Resource Center

714 SW 4th St. Phone: 580.595.4808

The Salvation Army

1306 SW E Ave. Phone: 580.355.1802

SWOK Community Action Group Inc.

For Jackson, Greer and Harmon Counties Phone: 580.380.4231

Veterinarian/Animal Services

Animal Birth Control Clinic – Affordable & Reduced Prices

85 NE 20th St. Phone: 580.355.6985

Comanche County Pet Resource Foundation

Phone: 580.736.5499

Youth & Child Services

Red Shield Youth Center-Salvation Army

1315 SW F Ave. Phone: 580.357.7541

Boy Scouts of America, Last Frontier Council

620 NW Cache Rd. Phone: 405.858.4601

CASA of Southwest Oklahoma, Inc.

1001 SW B Ave. Ste. 190 Phone: 580.248.2272

Crossroads Youth & Family Services

2402 SW E Ave. Phone: 580.248.0474

Girl Scouts of Western Oklahoma

580.357.7737

Lawton Family YMCA

5 SW 5th St. Phone: 580.355.9622

Lawton Public School Enrollment Center

102 E Gore Blvd. Phone: 580.353.0171

Marie Detty Youth & Family Services

317 SW C Ave. Phone: 580.248.6450

McKinney Vento (Homeless Youth)

753 NW Fort Sill Blvd. Phone: 580.357.6900 ext 2311

MIGHT Community Development & Resource Center

714 SW 4th St. Phone: 580.595.4808

Teen Court

1001 SW B Ave. Ste 120 Phone: 580.250.1466

United Way Funded Partners

Boy Scouts of America, Last Frontier Council

580.357.3633

CASA of Southwest Oklahoma

580.248.2272

Catholic Charities

580.353.1811

Center for Creative Living

580.248.0471

Christian Family Counseling

580.531.4512

Family Promise of Lawton

580.353.7522

Girl Scouts of Western Oklahoma

580.357.7737

Hearts that Care Volunteer Health Clinic

580.354.9007

Lawton Food Bank

580.353.7994

Legal Aid Services of Oklahoma

580.248.4675

Marie Detty Youth and Family Services

580.248.6450

MIGHT Community Development & Resource Center

580.595.4808

Oklahoma Parkinson Alliance

580.699.2204

The Salvation Army

580.355.1802

Success by 6

580.355.0218

Teen Court

580.250.1466

OK 211 – 1-877-362-1606

1-405-840-9396

MENTAL HEALTH LIFELINE

CALL OR TEXT 988



Resource & Referral Guide 2026

United Way of Southwest Oklahoma

1116 SW A Ave.

Lawton, OK 73501

Phone: 580.355.0218

Website: www.uwswok.org

Online Resource Guide



Updated: 2/24/2026